

82 Washington St
Lubec, ME 04652
Phone: (207)733-0925
Open 7 Days A Week
Monday - Sunday: 8AM - 7PM

We Accept:   



\$7.99
lb.

**Boneless
Sirloin
Steak Tips**
USDA Choice Beef
Tender



Shady Brook Farms
93% Lean Ground
Turkey
7% Fat
16 Oz Pkg

\$4.99
ea.



**Fresh Chicken
Leg Quarters**
Family Pack

99¢
lb.



**Kretschmar
Black Forest Ham**
Sliced To Order

\$6.99
lb.



\$6.99
lb.

**Boneless
Sirloin Tip
Steaks Or Roast**
USDA Choice Beef Round

**Chobani
Greek Yogurt**
Selected Varieties
5.3 Oz Cont

\$1.49



**Food Club
Cream Cheese**
Regular Or Neufchâtel
8 Oz Bar

\$1.49



**Food Club
Sour Cream**
Regular Or Light
16 Oz Cntr

\$1.79



**Maxwell House
Ground Coffee**
Original
10.3 Oz Can

\$8.49



**Arizona
Drinks**
Selected Varieties
128 Fl Oz Btl

\$2.89



**Kraft Macaroni
& Cheese Dinner**
Selected Varieties
5.5 To 7.25 Oz Box

\$1.29



\$5.99
ea.

**Whole Seedless
Watermelon**
Red Ripe & Juicy
Cool & Refreshing



\$3.99
ea.

**Fresh Plump
Blueberries**
Loaded With Vitamins
& Minerals • Pint Cntr



**Heinz
Tomato Ketchup**
Original Only
38 Oz Squeeze Btl

\$4.99



**Newman's Own
Salad Dressing**
Selected Varieties
16 Fl Oz Btl

\$3.99



**Adirondack
Soda 12 Pack**
Selected Varieties • 12 Fl Oz Cans
144 Fl Oz Pkg • Plus Tax & Deposit

\$2.49



**Birds Eye
Steamfresh
Vegetables**
Or Rice • Selected Varieties
10 To 10.8 Oz Bag

\$1.39



**Knorr
Rice Sides**
Spanish • Chicken & Broccoli • Creamy
Chicken • Broccoli & Cheese Or Chicken • 5.5
To 5.7 Oz Pkg

\$1.29



**Turkey Hill
Ice Cream**
Selected Varieties
46 Fl Oz Cntr

\$3.99



\$1.69
ea.

Avocados
Ripe & Ready
To Be Eaten



**Friendly's
Sundae
Cups**
Selected Varieties
6 Fl Oz Cup

\$1.19



**Fiora 6 Giant Rolls
Paper Towels**
Half Sheets Or Full Sheets
708 Ct Pkg

\$5.99



**Simply Done Soft 8
Mega Rolls Bath Tissue**
2-Ply
2560 Ct Pkg

\$4.99



Sale Dates: Friday, August 7th Thru Thursday, August 13th, 2026

Not All Items Available At All Stores.

Not Responsible For Typographical Errors. We Reserve The Right To Limit Quantities. Illustrations Are For Display Purposes Only And Do Not Necessarily Represent Items On Sale.

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DRY GOODS

Back To basics

Everyday Basics... Fill The Pantry!



\$3.89

**Kool-Aid Jammers
Or Capri Sun
10 Pack**
Selected Varieties
60 Fl Oz Pkg



**Country Time
Lemonade 10 Pack**
Selected Varieties
60 Fl Oz Pkg

\$3.89



**Knorr
Pasta Sides**
Alfredo Or Chicken Only
4.2 To 4.5 Oz Pkg

\$1.29



**Prince
Pasta**
Selected Varieties • 16 Oz Box
Excluding Lasagna

2/\$3



**Prego
Pasta Sauce**
Alfredo Or Pesto Sauce • Selected
Varieties • 14.5 To 24 Oz Jar

2/\$5



**Campbell's
Spaghetti O's**
Selected Varieties Or Spaghetti
15.6 To 15.8 Oz Can

2/\$3



**StarKist Tuna
4 Pack**
Solid White Or Low Sodium
5 Oz Can

\$5.69



\$3.39

**V8 V•Fusion Or
Vegetable Juice**
Selected Varieties
46 Fl Oz Btl

**Betty Crocker
Brownie Mix**
Selected Varieties
16.3 Oz Pkg

\$2.29



**Sticky Fingers
Barbecue Sauce**
Selected Varieties
15.2-16.5 Fl Oz Btl

\$3.79



**Smucker's
Grape Jelly**
Or Strawberry
20 Oz Squeeze Btl

\$2.49



\$3.79

**Crav'n Creme
Sandwich Cookies**
Family Size • Selected Varieties
19.1 To 20 Oz Pkg



**Food Club Solid White
Albacore Tuna**
In Water
5 Oz Can

\$1.79



**Bob's Red Mill
Pancake & Waffle**
Selected Varieties
20 To 24 Oz Pkg

\$5.19



**Ro*tel
Diced Tomatoes**
Selected Varieties
10 Oz Can

\$2.69



SNACKS & DRINKS

PACKAGED Breads

\$5.99

**Nabisco Wheat
Thins Or Triscuit**
Family Size
Original Or Reduced Fat
11.5 To 14 Oz Box



**Lay's Classic
Potato Chips**
Or Kettle Cooked • Selected
Varieties • 4.75 To 8 Oz Bag

\$3.49



Pepsi Soda 12 Pack
Selected Varieties • 12 Fl Oz Cans
144 Fl Oz Pkg • Plus Tax & Deposit

\$8.99



**IGA 6 Pack
English Muffins**
Plain
12 Oz Pkg

\$1.89



\$3.29

**Dare Breton
Crackers**
Selected Varieties
Cabaret Or Grainsfirst
4.76 To 7.9 Oz Box



**Crav'n
Potato Chips**
Classic • Ripple Or BBQ
13 Oz Bag

\$3.19



**Coca-Cola Soda
24 Pack Cube**
Selected Varieties • 12 Fl Oz Cans
288 Fl Oz Pkg • Plus Tax & Deposit

\$16.99



**IGA Hot Dog Or
Hamburger
Rolls**
Or Super Buy • 8 Pack
11.5 Oz Pkg

\$1.99



**Dave's Killer
Organic
Bagels**
Selected Varieties •
16.75 Oz Pkg

\$5.19



**Crav'n
Beef Jerky**
Selected Varieties
2.85 Oz Pkg

\$4.19



**Glaceau SmartWater
1 Liter Bottle**
Selected Varieties
33.8 Fl Oz Btl

\$2.49



**Super Buy
Hamburger Rolls**
Or Hotdog Rolls
12 Ct Pkg

\$2.99



SUPPORT LOCAL • BUY LOCAL
Support Our Community

FROZEN FOODS

Meals made easy

Frozen For Freshness and Convenience



\$3.99

Birds Eye Voila! Skillet Meals
Selected Varieties
21 Oz Bag



Hood Ice Cream Sandwiches

Selected Varieties
24 To 37.5 Fl Oz Pkg

\$4.49



Crav'n Skillet Dinners

Selected Varieties
21 Oz Bag

\$5.99



Crav'n Hash Brown Potatoes

Shredded • Southern Diced
Or O'Brien • 28 To 32 Oz Bag

\$3.59



Crav'n Mozzarella Sticks
Cream Cheese Stuffed Jalapeño
Poppers Or Macaroni & Cheese
Bites • 8 Oz Box

\$2.59

Celentano Cheese Ravioli
Regular Or Mini
Or Tortellini • 12 Oz Pkg

\$2.69

Farm Rich Breaded Mozzarella Sticks
22 Oz Pkg

\$5.29

Sara Lee All Butter Pound Cake
10.75 Oz Pkg

\$4.49



Local and Farm Fresh Dairy Products

FRESH DAIRY

Cool and creamy selections

Crystal Farms Shredded Or Bar Cheese
Selected Varieties
5.5 To 8 Oz Pkg

\$2.49



Tropicana Pure Premium Orange Juice
Selected Varieties Or Ruby
Red Grapefruit • 46 Fl Oz Bl

\$4.69



Ssips Drinks
Selected Varieties
52 Fl Oz Crtn

\$1.69



\$3.49

Kraft American Cheese Singles
Selected Varieties
10.7 To 12 Oz Pkg

Gold's White Horseradish
6 Oz Btl

\$1.99

Imperial Soft Spread
Selected Varieties
45 Oz Tub

\$4.19

Food Club Ricotta Cheese
Selected Varieties
15 Oz Cntr

\$2.59

Yoplait Go-Gurt 8 Pack
Selected Varieties
16 Oz Pkg

\$2.59

DELICATESSEN

Sliced the way you like

Sliced and Baked Fresh Everyday



\$6.99 lb.

Alpine Lace Swiss Cheese
Sliced To Order
The Healthier Cheese



Farmland Cooked Ham
10% Water Added
Sliced Fresh In Our Deli

\$3.99 lb.



Pillsbury Easy Split Biscuits
3.17 Oz Pkg

\$2.69 ea.



\$5.99 ea.

Marie Callender's Pies
Fruit Or Cream Pies • Selected
Varieties • 25 To 38 Oz Box

Bel Gioioso Italian Cheese Wedges
Selected Varieties
8 Oz Pkg

\$4.99 ea.



Yancey's Fancy Cheese
Selected Varieties
7.6 Oz Pkg

\$5.99 ea.



Cinnamon Chip Muffins 4 Pack
Baked Fresh In Store

\$4.49 ea.



Fresh Baked Lemon Pie
Or Lemon Crunch Pie
8" • 24 Oz Pkg

\$5.99 ea.



BUTCHER

Quality cuts every day

Premium Beef, Pork, Chicken & Seafood



\$9.99
ea.

**Cape Covelle
Jumbo Cooked
Shrimp**

Farm Raised • 26 To 30 Ct
1 Lb Bag



**92% Lean
Ground Chicken**
No Hormones • No Antibiotics
16 Oz Pkg

\$3.29
ea.



**Perdue Oven
Stuffer Whole
Roasting Chicken**

Fresh
Grade A
\$14.99
lb.



**Perdue Chicken
Short Cuts**
Selected Varieties
8 Oz Pkg

\$3.49
ea.



**Oscar Mayer
Sliced Bacon**
Selected Varieties
12 To 16 Oz Pkg

\$7.99
ea.



**Bob Evans
Side Dishes**
Selected Varieties
12 To 24 Oz Pkg

\$4.49
ea.



**Hebrew National
Beef Franks**
Selected Varieties Or Knockwurst
9.43 To 12 Oz Pkg

\$6.99
ea.



**Al Fresco
Chicken Sausage**
Selected Varieties
11 Oz Pkg

\$4.49
ea.



**Kayem Old Tyme
Natural Casing Franks**
Or Old Tyme Red Franks
2.5 Lb Pkg

\$12.99
ea.



**Food Club
Angus
Burgers**
2 Lb Pkg

\$14.99
ea.



\$8.99
lb.

**Verlasso Fresh
Coho Salmon**
Farm Raised • Deep Red
In Color • Previously Frozen



**Springer Mountain
Farms Boneless
Chicken Breast**
No Hormones
No Antibiotics

\$4.99
lb.

**Food Club BBQ
Baby Back Pork
Ribs**
Fully Cooked
16 Oz Pkg

\$7.99
ea.

**Dietz & Watson
Pepperoni**
Or Turkey Pepperoni
4.5 To 6 Oz Pkg

\$3.99
ea.

PRODUCE

Live a healthy life

Local and Farm Fresh



\$2.99
lb.

**California Peaches
Or Nectarines**

Sweet & Delicious
Mix & Match



**Fresh Express
Chopped Salad**

Assorted Varieties
8 To 13.3 Oz

\$3.99
ea.



**Pero Family Farms
Snipped Green Beans**

Dinnertime Favorite
12 Oz Pkg

\$2.99
ea.



**Red Or Black
Plums**

California
Sweet & Delicious

\$3.99
lb.



**Whole Or Sliced
Baby Bella Mushrooms**

High In Potassium
All Natural • 8 Oz Pkg

2/\$5



**Naked Juices
Or Smoothies**

Selected Varieties
15.2 Fl Oz

\$3.99
ea.



**Baby Peeled
Carrots**

Perfect For Dipping
16 Oz Pkg

2/\$3



\$3.99
ea.

**California
Romaine Hearts**

Caesar Salad Favorite
3 Ct Pkg



**Navel
Oranges**
Bursting With Juice
High In Vitamin C

5/\$5

**Jumbo Granny
Smith Apples**
Crisp & Crunchy
Washington State

\$1.99
lb.

**Large Purple
Eggplant**
High In Potassium
Low In Sodium

\$14.99
lb.



**Jumbo
Red Onions**
Great In Salads
High In Fiber

\$1.69
lb.

